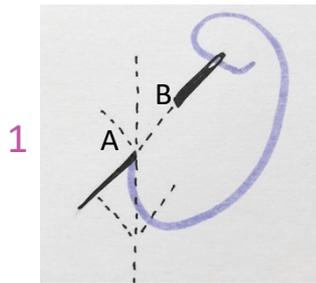
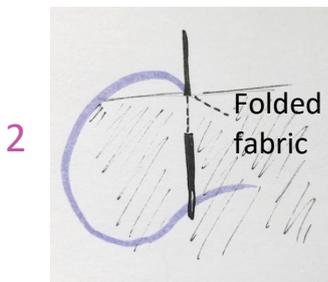


# Stitch Instructions

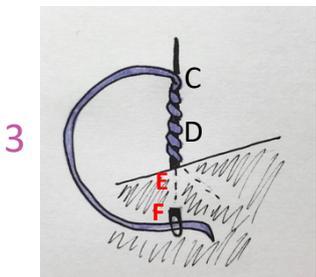
**Bullion knot** For this stitch I always use a milliner needle or straw needle, it is longer and has a slim eye so that the knots slide down it easily. I usually use 3 strands of DMC thread to make the Bullion knot. I often use these bullion knots for flowers. Once mastered, never forgotten.



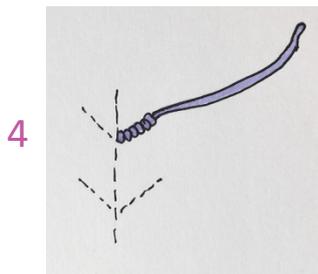
1 Bring your needle up by the stem **A**, then put the needle into the end of the flower **B**, and back at **A** again. Do not pull through yet!



2 Next the crucial bit- turn the fabric 90 degrees to the right and fold over the fabric so that the needle pokes out above the fold.



3 Push the needle through a bit further so that most of it is above the fabric. Keep your left index finger under the needle and just above the fold, wrap the threads around the needle – left over the needle, right under the needle, left over the needle, right under the needle etc. Wrap the threads loosely and when you push them down tight, the length of the wraps **C-D** is the same in length as the flower length **E-F**. If you want a curved stitch, the wraps are longer than the flower length. Pull the needle through, pinching the wraps top and bottom of the needle with your left thumb and index finger- they should slide easily.



4 Put the fabric flat on the table and push the wraps up the thread until they are like a tight worm.



5 Then take the needle down at the end of the worm (flower) and pull the thread through to the other side. You should now have a perfectly formed worm (flower).