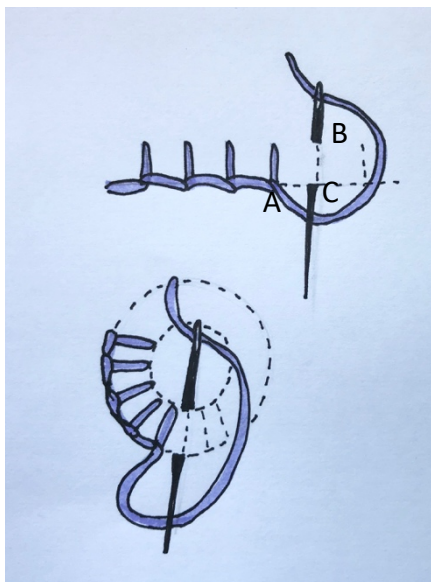


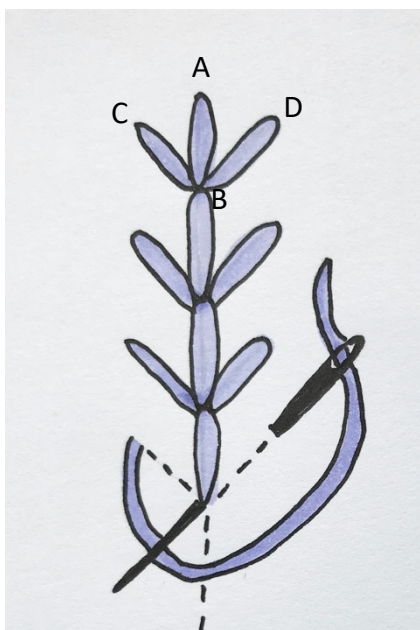
# Stitch Instructions

## Buttonhole/Blanket Stitch



This stitch has two names and can be called either. It is really nice to outline a shape. Pull the thread up at **A**, put the needle down at **B** and up at **C**, wrap the existing thread under the needle and pull the thread all the way down, forming a line of stitching across the bottom. You can also make a circle with the blanket stitch which is really nice for flower heads.

## Fly Stitch



This is one of my all-time favourites. It's great for stems or grasses. To start, you need to bring the needle up right at the top of the stem at **A**, then take it down at **B** and up at **C**, pull the thread through. Keeping the thread down out of the way, put the needle down at **D** then out at **B** again- in the same hole as before, making sure that the thread is under the needle. Pull the needle through and down. You will make a V shape and soon begin to get into a rhythm. Keep the stitches consistently even. It may help to draw the lines on with a transfer pen beforehand.