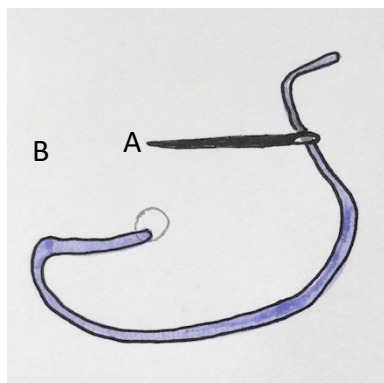


# Stitch Instructions

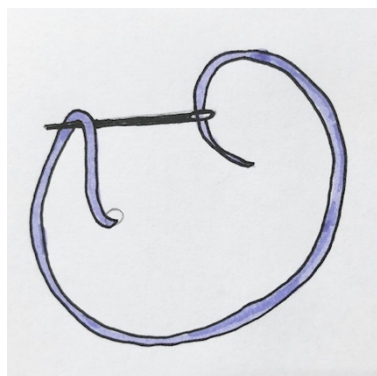
## French knot

For this stitch I always use a milliner needle or straw needle, one which is long and has a very slim eye so that the knots slide down it effortlessly.

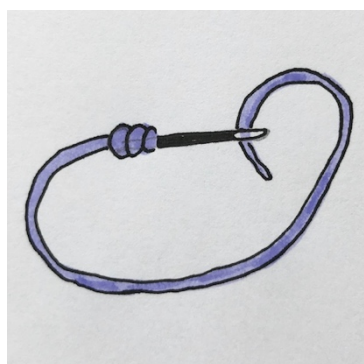
I usually use 3 strands of DMC thread to make the French knot.



Thread your needle and bring it up on the side of where you want the knot. Pull all the way out then position your thread that has come out of the fabric, to the left (A to B) and whilst keeping the thread down, out of the way, position the needle also to the left above it.



Holding the needle still with your right hand, just above the fabric, wrap the thread over the needle 3 times from bottom to top. The more wraps, the bigger the knot. Keep the wraps quite loose.



With the wrapped threads on the needle, pull the needle back a bit (still should be loose and easy to move), then put the needle into the hole where you want the knot to be, so just next to where the thread came up- not in the same hole. With your left hand, pull the wrapped threads tight, keep hold of the thread and push the needle right in. You should have a perfectly formed knot. When making the centre of a lazy daisy, make sure you bring the thread up to the side of the centre then put the needle straight into the centre to ensure a central knot.