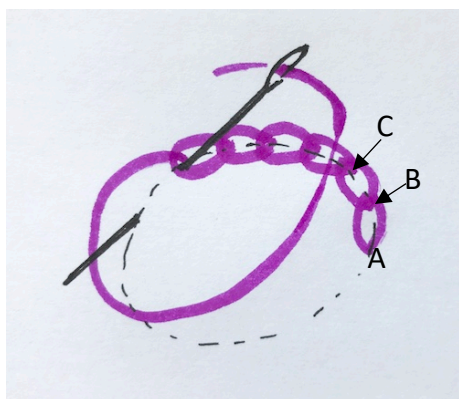


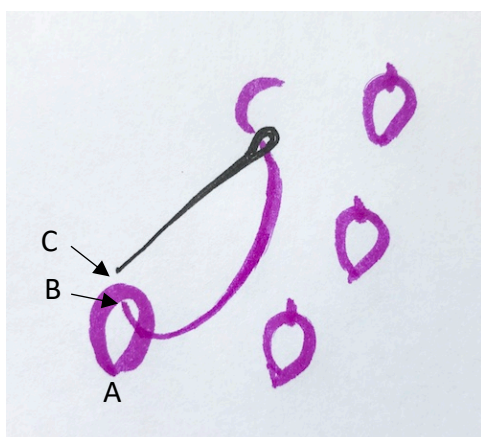
## Stitch Instructions



**Chain stitch** is an all-time favourite.

Bring the thread up at **A**, then loop the thread in the direction in which you are stitching, and go down at **A** (in the same place you brought the stitch up), and up at **B**. Ensure the thread is under the needle and pull, not too tightly. You want to see a petal shape, not a straight line. Then make

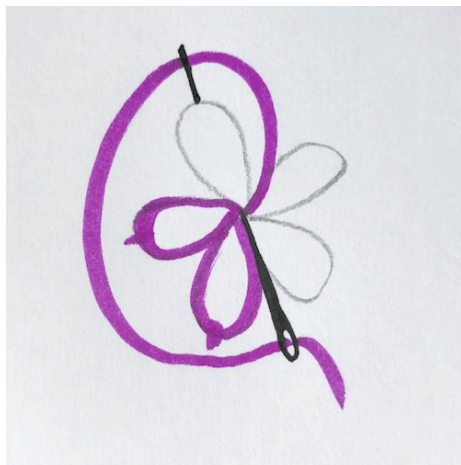
another loop in the same way, put the needle down at **B** (just inside the chain stitch) and bring it out at **C**. You are aiming for consistent sized stitches. Continue to create a chain of stitches.



**Detached Chain stitch** is another

variation. These are worked in the same way, but each loop or petal is caught down at the top with a separate stitch. Bring the needle up at **A**. Make a loop or petal with your thread, go down in **A** again, then come up at **B**, with your thread under the needle, pull to form a petal- not too tight.

Put the needle down at **C** to make a small stitch to hold the petal in place.



**Lazy daisy stitch** is brilliant for

making any piece cheerful. Work your stitches in a circle going in and out of the centre each time you start your petals. You may wish to draw dots or lines with a transfer pen to position your petals evenly. I often stitch a French knot in the centre.